

# Fork style lunch



As at 08 March 2026. Menus subject to change.

(h) Halal | (gf) Gluten Free | (nf) Nut Free | (df) Dairy Free | (vg) Vegan | (v) Vegetarian

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## Fork Style Lunch - Bread

- Artisan bread roll w butter - \$3.00
- Sliced Garlic Bread Roll - \$3.50

## Fork Style Lunch - Hot

- Roast Chicken (bone in) with Lemon & Horopito Butter: 120-150gm Oven-roasted chicken thigh basted in lemony horopito butter for crisp skin, juicy meat and a citrus-spiced finish (h | gf | nf) - \$9.00
- Slow Cooked Lamb Shoulder, 150gm Kawakawa Jus: Tender lamb shoulder slow-braised until it's melt-in-the-mouth soft, finished with a kawakawa-infused jus that brings a warm, peppery lift (nf) - \$12.00
- Pork Belly 120gm with Apple & Horopito Glaze: Crisp-edged pork belly glazed in apple, horopito and mānuka honey (nf) - \$12.00
- Vegetable Coconut Curry with Spinach & Chickpeas: 200 gm A fragrant coconut curry with spinach, chickpeas and seasonal vegetables, served with steamed jasmine rice (nf | df | vg | gf) - \$10.00
- Honey & Maple Mustard Sliced Glazed Ham, Condiments (nf | df | gf) - \$11.00

## Fork Style Lunch - Savoury

- Hāngi Hash Cakes: 80gm Crispy golden cakes made from smoked potato, pumpkin and kumara (vg | nf | gf | df) - \$6.00
- Roasted Tofu & Vegetable Medley with Citrus Kawakawa: 80gm Tofu, kūmara, carrot lightly roasted and finished with a citrus kawakawa seasoning (vg | nf | gf | df) - \$7.00

## Fork Style Lunch - Salad

- Garden Salad with Lemon Horopito Dressing: 50gm Crisp greens, corn, red onion, chickpea, coriander, mint with a citrus-pepper horopito dressing (v | nf | gf | df) - \$7.00
- Potato, Kumara & Egg Salad: 120gm Consistently a favourite with a kawakawa mayonnaise (gf | nf | v) - \$7.00